



*SEATTLE PARKS
AND RECREATION*

SPRING 2006

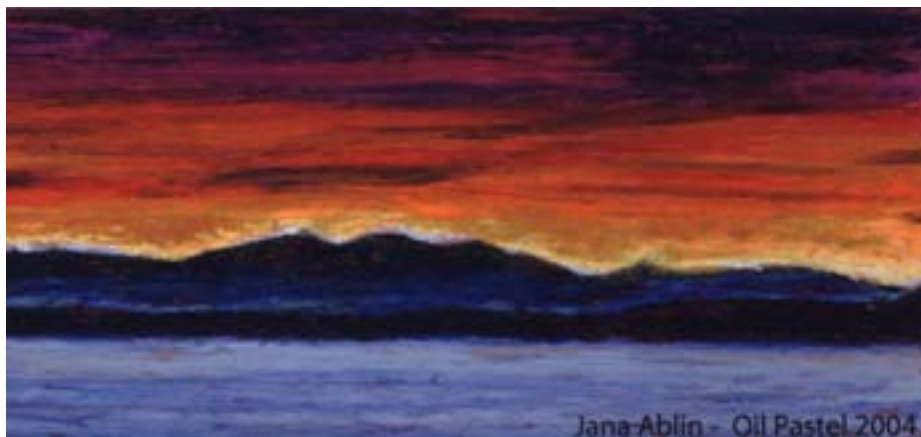


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ALKI

COMMUNITY CENTER



Jana Ablin - Oil Pastel 2004



Alki Community Center

5817 SW Stevens St
Seattle, WA 98116
206-684-7430
Fax: 206-938-9549

Alki Bathhouse

2701 Alki Ave SW

Visit Us on the Web:

www.seattle.gov/parks!

Alki Community Center

Alki Community Center

5817 S.W. Stevens

Seattle, WA 98116

Phone: 206-684-7430 Fax 206-938-9549

Visit us online at www.seattle.gov/parks

City of Seattle Hours of Operation

Monday, Tuesday & Thursday 1 to 9 p.m.

Wednesday, & Friday 10 a.m. to 9 p.m.

Saturday 10 a.m. to 5 p.m.

Alki Advisory Council Hours of Operation

Monday, Tuesday & Thursday 10 a.m. to 1 p.m.

Holiday closures

Monday, May 29, Memorial Day

Program registration

Registration begins March 13.

Program dates

March 27 to June 18, 2006

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

You Can Make a Difference!

Alki Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held at 7 p.m. on the fourth Tuesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. If you'd like to get involved, please contact our staff at 206-684-7430.

Most activities are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Alki Advisory Council

Wayne Johnson, President

Alison Powers, Secretary

Council Members

Sharon Ackerlund

Marsha Lovely

Jackie Ramels

Liesa Rose

Mary Vigilante

Will Winter



Professional Staff

John Hermann, *Recreation Center Coordinator*

Ken Davis, *Asst. Recreation Center Coordinator*

Zoom Piksa, *Teen Development Leader*

Stephan Joeres, *Recreation Attendant*

Darcelle Hayes, *Recreation Attendant*

Loretta Lyonaise, *Custodian*

Amanda Mason, *Building Monitor*

Chris Gilchrest, *Building Monitor*

Sarah Browning, *Bathhouse Art Specialist*

Talese Heckler, *Bathhouse Art Specialist*

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to City of Seattle. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.



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Special Events

Pancake Breakfast

\$4



Enjoy scrambled eggs, sausage, juice, coffee, and all-you-can-eat pancakes. Come have breakfast and then enjoy the family candy hunt with your kids at 10 a.m.

\$4.00 per person (Ages 5 & under free)

Saturday, April 15

8:30 – 11:30 a.m.

Alki Beach Art Fair

At the art fair you can purchase fine arts and crafts produced by local artists, or show and sell your own art. There will be jewelry, pottery, painting, metal work, candles, and much more. We are starting to plan for the 2006 Fair which will be held July 29 & 30. If you are interested in being a vendor, or helping on the planning committee, please call Alki Community Center at 206-684-7430. **(Contact: Ken Davis)**

Spring Hunt

Free

Boys and girls age 2 to 11 will have a great time at the spring hunt searching for chocolate eggs, candy and prizes. The hunt will begin at 10 a.m. Please come early to find the proper age group hunting area.

Saturday, April 15

10 a.m.

Friday Night

Children's Birthday Parties

\$85

Bring your birthday party to the center. Rent the small multipurpose room from 6:30 to 8:30 p.m. Have traditional birthday party fun, and then skate your heart out in the popular Alki Friday Night Skating program. Party reservations must be made two weeks in advance.

Fridays

6:30 – 8:30 p.m.

Parents' Night Out

\$10

Parents it's your turn to take time out for yourselves. Bring your child to the center for an evening of fun while you enjoy a movie in the Admiral neighborhood or fine food along Alki Beach. Please register no later than the Wednesday before the date. A minimum of 3 children are needed for each date.

Age: 5 to 10

Friday, April 21

6:30 – 9 p.m.

Friday, May 12

6:30 – 9 p.m.

Friday, June 9

6:30 – 9 p.m.

Teen Flashlight Candy Hunt

Free

Alki and Hiawatha Community Center will be having their annual Teen Hunt April 14, 2006, 8:30 p.m., at Hiawatha Community Center. Hunt for Candy, Chips, CD's, Gift Certificates, & more. Bring your own Flashlight and Bag. Ages 12 – 15.

Friday, April 14

8:30 – 9:30 p.m.



Saturday Teen Night

Teens 12 to 17 years will enjoy listening to music, playing pool, ping pong, fooseball and basketball. This is a free drop in program sponsored by the Alki Community Center Advisory Council. Youth will be expected to sign in and out. Once they leave they will not be allowed back in.

Saturdays

5:30 – 9 p.m.

Apr 1 – May 20

Teen Friday Night at the Movies

Free

Youth 12 to 15 are invited to join our staff at the bathhouse for great feature movies, popcorn and fun.

Fri, Apr 28 6:30 – 9:30 p.m.

TBA

Fri, Jun 9 6:30 – 9:30 p.m.

TBA

Location: Bathhouse Multipurpose Room

Friday Night Family Skating

\$2



An event for all ages and all abilities! This is a great time to practice your skills and tricks while experiencing a roller-rink atmosphere. You can always look forward to the limbo, friendly racing, and the snack bar. If you don't have your own skates, you can borrow a pair of ours! Outdoor skates will not be allowed.

Age: All Ages

Fridays

6:45 – 8:45 p.m.

Mar 31 – Jun 9

Sports

Fall Flag Football

\$45

Boys and girls are invited to take part in Flag Football with Seattle Parks and Recreation. Volunteer coaches will work on plays and conditioning as teams prepare to compete against other community centers. Players will learn offensive and defensive skills that will enhance their natural abilities. This is a limited contact sport where the focus is on sportsmanship. **The season begins in September. Registration begins May 30.**

#66855/30 – 11/20 **Mon – Thu** 4 – 6 p.m.
Sat 9 – 11 a.m.

Fall Volleyball

Hiawatha Community Center is organizing teams for play in the fall girls volleyball league. Call 206-684-7441 for information.

Adult Drop-in Basketball

\$2

The City of Seattle charges an Adult Sport Drop-in fee during all operating hours. The fee is \$2 per session for adults (ages 18 to 64) and \$1 per session for seniors (ages 65+). This fee applies when space is advertised and reserved for scheduled adult sports drop-in programming.

Ages: 18+

Location: Center Gym

Mon, Tue, & Wed 6 – 9 p.m.

Saturdays 10 a.m. – 2 p.m.

Youth Drop In Basketball

Free

Age 11 & under **Wed** 3:30 – 5:30 p.m.

Age 11 to 18 **Mon, Tue, & Thu** 3:30 – 6 p.m.

Location: Center Gym

Tennis Lessons

\$79/5 wks

Tennis students will learn the basics of tennis, from forearm and backhand to developing hand-eye coordination. Tennis students will need to bring their own rackets everyday.

Location: Alki Playfield Tennis Courts.

Spring Lessons Tue/Thu 5/16 – 6/15

Instructor: TBA

#6501 **Youth 8 to 11** 4 – 5 p.m.

#6499 **Youth 12 to 15** 5 – 6 p.m.

#6500 **Adults 16+** 6 – 7 p.m.

Summer Session 1 Mon/Wed 6/26 – 7/26

Instructor: Carl Bergquist

#6492 **Youth 8 to 10** 4 – 5 p.m.

#6493 **Youth 8 to 10** 5 – 6 p.m.

#6487 **Youth 10 to 12** 6 – 7 p.m.

#6490 **Youth 12 to 16** 7 – 8 p.m.

Summer Session 2 Mon/Wed 8/7 – 9/6

Instructor: Carl Bergquist

#6495 **Youth 8 to 10** 4 – 5 p.m.

#6497 **Youth 10 to 12** 6 – 7 p.m.

#6498 **Youth 12 to 16** 7 – 8 p.m.

#6496 **Youth 8 to 10** 5 – 6 p.m.

Self-Defense

Umibushi Goshi Ju-Jitsu \$150/10 wks

Umibushi Goshi Jutsu is a very practical system of self-defense using techniques from karate, jujitsu, boxing, and Marine hand-to-hand combat.

Age: 7 to adult

Instructor: Hanshi Jim Curtis

Location: Center Multipurpose Room

#6509 4/18 – 6/20 **Tuesdays** 6:30 – 8:30 p.m.

Assault Resistance Workshop \$35/1 day

This workshop for teens and adults includes basic self-defense techniques and strategy to deal with one or more attackers.

Age: 13 and up

Sat, May 6 10 a.m. – Noon

Instructor: Hanshi Jim Curtis

Location: Center Multipurpose Room

Abduction Prevention for Kids Workshop

\$35/1 day

This workshop will focus on self-defense techniques as well as the importance of children using noise to draw attention to possible abduction attempts. Parents are encouraged to attend so they can do follow-up coaching.

Age: 5 to 12

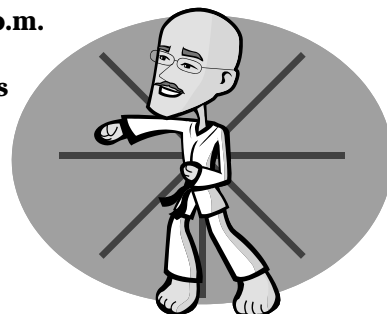
Sat, May 6

12:30 – 2:30 p.m.

Instructor:

Hanshi Jim Curtis

Location: Center Multipurpose Room



Fitness/Health/Learning

Red Cross First Aid \$54

These eight-hour, certified classes in basic first aid and CPR meet all workplace and state requirements. Call 206-726-3534 to register.

Mon/Wed 4:30–8:30 p.m. Apr 10 & 12

Mon/Wed 4:30–8:30 p.m. May 8 & 10

Mon/Wed 4:30–8:30 p.m. Jun 12 & 14

Location: Center Multipurpose Room

Yoga \$80/5 wks

Increased body awareness, greater freedom of movement, mental clarity, and the ability to relax are all benefits of yoga. In this class, we will build a balance of strength and flexibility. We will explore physical postures, stretching, breathing, and meditation.

Age: Adults

Instructor: Karen Coart

Location: Bathhouse Multipurpose Room

2 days/week \$80/5 wks

#6511 4/17 – 5/17 Mon/Wed 7 – 8 a.m.

#6512 4/17 – 5/17 Mon/Wed 9 – 10 a.m.

#6514 5/22 – 6/21 Mon/Wed 7 – 8 a.m.

#6515 5/22 – 6/21 Mon/Wed 9 – 10 a.m.

1 day/wk \$49/5 wks

#6513 4/22 – 5/20 Sat 8:45 – 10 a.m.

#6516 4/22 – 5/20 Sat 8:45 – 10 a.m.

Massage for Couples Workshop \$49/1 day

In this class you will learn the sensual aspects of massage that can be shared by you and your partner. This class covers setting the mood, acupressure points that couples can use, aromatherapy and basic strokes for giving your partner a great massage.

Age: Adults

Instructor: Brandi Aubrey

Location: Center Multipurpose Room

#6413 4/22 Sat 1 – 4 p.m.

Intro to Massage Workshop \$49/1 day

Massage is known to increase relaxation, reduce chronic pain, shorten recovery time, and make you less sore after workouts. If you are interested in learning more about massage technique then this is the class for you!

Age: Adults

Instructor: Brandi Aubrey

Location: Center Multipurpose Room

#6435 4/22 Sat
10 a.m. – 1 p.m.



School-Age Care

School Break Camps \$135/wk

These fun camps for kids grades K – 5 will feature arts and crafts, sports, games, field trips, swimming and more.

Age: Grades K – 5

Director: Jill Patterson

Monday – Friday 7 a.m. – 6 p.m.

Spring Break Camp Apr 10 – 14

Registration begins March 13

Summer Break Camp Jun 26 – Sep 1

Registration begins April 4

#6461 Wk 1: 6/26–6/30 #6466 Wk 6: 7/31–8/4

#6462 Wk 2: 7/3 – 7/7* #6467 Wk 7: 8/7–8/11

*No camp Tue, Jul 4.

Fee prorated to \$104.

#6463 Wk 3: 7/10 – 7/14 #6468 Wk 8: 8/14–8/18

#6464 Wk 4: 7/17 – 7/21 #6469 Wk 9: 8/21–8/25

#6465 Wk 5: 7/24 – 7/28 #6470 Wk 10: 8/28–9/1

Before and After School Program

The Before and After School Program offers social, physical and intellectual activities that are fun for children. Alki's staff offers quality supervision while smoothly blending in culture, crafts, homework time, athletics and field trips. For scholarship information, call 206-684-7186.

Age: K to 5th grade

Director: Jill Patterson

Before School Program \$150/mth

#6234 4/3 – 4/28 Mon – Fri 7 – 9 a.m.

#6235 5/1 – 5/31 Mon – Fri 7 – 9 a.m.

#6236 6/1 – 6/21 Mon – Fri 7 – 9 a.m.

After School Program \$230/mth

#6237 4/3 – 4/28 Mon – Fri 3 – 6 p.m.

#6238 5/1 – 5/31 Mon – Fri 3 – 6 p.m.

#6239 6/1 – 6/21 Mon – Fri 3 – 6 p.m.

Toddlers/Preschool

Parent/Child Hang Out Time \$25/15 visits

Join parents and children for a drop-in program where you can make new friends, get out of the rain, and have some fun with your child.

Age: 2 – 5

Location: Center Multipurpose Room

Tue/Thu Noon – 3 p.m. Mar 27 – Jun 8

Play Club Preschool

Play Club focuses on fun and exciting ways for children to interact with other children. Activities will include music, art, crafts, games, creative play, story time, and an introduction to the phonetic ABCs. This is an excellent place to prepare you child for kindergarten.

Age: 3 to 5 (Must be Potty to Trained)

Director: Melinda Kmitta

Location: Center Kid Care Room

3 days/wk \$180/mth

#6442 4/3 – 4/28 MWF 9:30 a.m. – 1 p.m.

#6443 5/1 – 5/31 MWF 9:30 a.m. – 1 p.m.

2 days/wk \$120/mth

#6445 4/4 – 4/27 TTh 9:30 a.m. – 1 p.m.

#6446 5/2 – 5/30 TTh 9:30 a.m. – 1 p.m.

#6447 6/1 – 6/29 TTh 9:30 a.m. – 1 p.m.

Playclub Preschool Summer Camp

\$85 wk

Play Club is offering a short summer camp.

Registration begins April 4.

Age: 3 to 5

Monday – Friday 10 a.m. – 2 p.m.

Director: Melinda Kmitta

Location: Alki School

#6503 Wk 1: 7/10 – 7/14 Creepy Crawlers

#6504 Wk 2: 7/17 – 7/21 Art Explosion

#6505 Wk 3: 7/24 – 7/28 Our Senses and Science

#6506 Wk 4: 7/31 – 8/4 Nature's Wonder

#6507 Wk 5: 8/7 – 8/11 Under the Stars

#6508 Wk 6: 8/14 – 8/18 Bubbles and Carnival



Teens

Teen Development Program

Need some time just to hang out? The City of Seattle's Pro Parks Levy provides funding for a variety of teen activities at the center. Weekly activities include ping-pong, music, pool, bowling, movies, and field trips, along with developmental programs that promote positive self-esteem.

Come Get Your Bowl On!!!

Alki will join with other West Seattle community centers for a weekly bowling league. You'll make new friends, enjoy meals, and improve your bowling score. On Wednesdays teens will depart from the center for Roxbury Lanes at 3 p.m. and return at 6 p.m.

Teen Advisory Council

Come and be heard. Help plan, develop, and implement programs, projects, and special events. This is a perfect opportunity to gain service learning hours and build skills for your college résumé. The council meets the second and fourth Wednesdays of the month.

Teen Camp

\$145/wk

This is a perfect place for teens to meet new friends, be creative, and go on fun field trips. Registration begins April 4.

Age: 6th – 8th grade

Monday – Friday 7a.m. – 6 p.m. Jun 26-Sep 1

Director: Dirk Hallingstad

Location: Alki School Portable

#6471 Week 1: 6/26 – 6/30

#6472 Week 2: 7/3 – 7/7*

*No camp Tue, Jul 4. Week prorated to \$117.

#6473 Week 3: 7/10 – 7/14

#6474 Week 4: 7/17 – 7/21

#6475 Week 5: 7/24 – 7/28

#6476 Week 6: 7/31 – 8/4

#6477 Week 7: 8/7 – 8/11

#6478 Week 8: 8/14 – 8/18

#6479 Week 9: 8/21 – 8/25

#6480 Week 10: 8/28 – 9/1



Alki Bathhouse Art Program

The Bathhouse Art Program provides both classes for students and open studio time for artists. Spring classes begin April 17. Call 684 7430 for registration information or visit the bathhouse.

The bathhouse is open Monday and Thursday, 10 a.m. – 2:30 p.m. and 3:30 – 9 p.m.; Tuesday, 5 – 9 p.m.; Wednesday and Saturday, 10 a.m. – 2 p.m.

Drawing & Painting

Dancing with Color \$70/8 wks

An interest in art is all you need to take this class. An artist sees the world in a special way; that's what this class is all about. The assignments are designed to raise your level of awareness and sensitivity to the beauty all around you. You will be encouraged to explore your everyday world in a new and interesting way.

Age: Adult

Instructor: Colleen Doherty

Location: Bathhouse Painting Room

#6269 4/22 – 6/10 Saturdays 10 a.m. – Noon

#6270 4/20 – 6/8 Thursdays 10 a.m. – Noon

Paint Your Heart Out \$89/5 wks

Explore your creative process through tempera and acrylic with the focus on loosening up, getting rid of stress, and learning to recognize personally meaningful symbols. This is enlightening and fun.

Age: 14+

Instructor: Jennifer Jennings

Location: Bathhouse Painting Room

#6440 4/27 – 5/25 Thursdays 6 – 9 p.m.

Silk Painting \$130/8 wks

This comprehensive class explores the possibilities of silk painting. Students will be introduced to techniques that are more striking on silk than any other textile. This class will teach you to realize your ideas in a variety of ways, such as resist and hand painting. This is a beginning class that will primarily utilize silk paints.

Age: Adult

Instructor: Inna Peck

Location: Bathhouse Painting Room.

#6452 4/20 – 6/8 Thursdays 6:30 – 9 p.m.

Encaustic Painting \$85/6 wks

Wax eloquent with this exploration of an ancient painting technique. Technical information and practice will take you from Faum to Faux with emphasis on your personal imagery and approaches.

Age: Adult

Instructor: Diana Fairbanks

Location: Bathhouse Multipurpose Room

#6276 4/24 – 6/5 Mondays 6:30 – 8:30 p.m.

Alki Bathhouse Art Program: Drawing & Painting

Drawing for Adults \$75/10 wks

This class will teach you the principles of light and shadow, color, perspective, and human figure proportions. Learning these basics will make you into a competent drawing artist.

Age: Adult

Instructor: Greg Hatcher

Location: Bathhouse Multipurpose Room

#6271 4/15 – 6/17 Saturdays 12:30 – 2 p.m.

Beginning Charcoal Drawing \$129/8 wks

While stressing composition and accuracy, you will learn to draw realistically from still life, using all the basic elements of drawing: perspective, line, shadow, pattern, negative space and values. Participants must bring their own supplies. A supply list will be provided upon registration.

Age: Adult

Instructor: Kelly Lyles

Location: Bathhouse Painting Room

#6242 4/18 – 6/6 Tuesdays 6 – 9 p.m.

Artistic Diversions \$55/4 wks

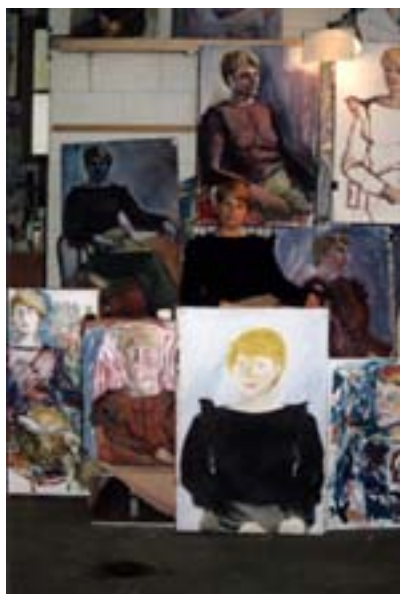
This class is designed as a means of accessing your creativity, and as an introduction to art. Exercises will assist students in loosening up artistically and tapping dormant creativity. A variety of drawing and water based painting media will be used.

Age: Adult

Instructor: Stacie Chappell

Location: Bathhouse Multipurpose Room

#6216 4/17 – 5/8 Mondays 6:30 – 8 p.m.



Extension of Drawing through Collage \$75/5 wks

This class will explore the role of collage in the 20th century. By utilizing well known techniques students will use personal and found objects along with drawing and painting to create a work of art. A variety of materials will be introduced.

Age: 16 +

Instructor: Stacie Chappell

Location: Bathhouse Multipurpose Room

#6408 5/15 – 6/19 Mondays 6:30 – 8:30 p.m.

#6409 5/22 – 6/26 Mondays 10:30 a.m. – 12:30 p.m.



Sculpture \$99/6 wks

Come and enjoy the intriguing world of clay sculpture. The basics of form, proportion, handling material, and approach will be addressed while working with live models, still photos, and your imagination.

Age: Adult

Instructor: Diana Fairbanks

Location: Bathhouse Painting Room

#6451 4/17 – 5/22 Mondays 4 – 6 p.m.

Mask and Puppet Making \$105/6 wks

This class will explore theatrical masks and character creation, from fun to mysterious and scary. Learn how to create the kind of characters that you have always wished to meet. This class will spark your imagination, and provide you with an opportunity to incorporate your personal treasures and make one of a kind masks.

Age: Adult

Instructor: Inna Peck

Location: Bathhouse Multipurpose Room

#6439 4/22 – 5/27 Saturdays 11 a.m. – 2 p.m.

Alki Bathhouse Art Program: Summer Art Camp



Art Camp

Get ready for eight fun-filled weeks of drawing, painting, sculpture and more. During each week-long session, campers will explore a wide range of media and techniques that bring art to life while enjoying outside play at the beach. **The number of campers will be limited to 12 per week.**

Location: Bathhouse/Art Studio

Art Camp Weekly Themes

Wk 1: Fashion Design & Illustration

\$150

If your interested in learning how fashion designers get their start in the fashion industry this camp is for you. You will learn about the industry and begin working on your own sketches and designs.

Age: 9 to 12

#6455 6/26 – 6/30 Mon – Fri 9 a.m. – 3 p.m.

Wk 2: TBA*

\$100

Information on this week's summer art camp curriculum will be available March 1. Call 206.684.7430 this description.

Age: 6 to 8

#6456 7/3 – 7/7 Mon/Wed – Fri 9 a.m. – Noon
No camp Tue, Jul 4

Wk 3: Color, Composition & Fun

\$115

Students will learn the basics of color theory, paint their own color wheels, and study shapes and composition. They will develop their painting and brushwork skills ending the week with a project called the "Painter's Quilt."

Age: 6 to 9

#6754 7/10 – 7/14 Mon - Fri 9 a.m. – Noon

Wk 4: Urban Art & Mural Painting

\$115

Inspired by urban artists of New York and Los Angeles, this workshop teaches youth how to illustrate urban style lettering (tags) and thematic images. Students will translate ideas into sketchbooks and then create one concept on canvass.

Age: 6 to 9

#6458 7/17 – 7/21 Mon - Fri 9 a.m. – Noon

Wk 5: Bright Art Start

\$115

Ignite your imagination. Learn new techniques in creativity, sketching, drawing, and painting. Students will learn about famous artists who are currently exhibiting and who have left their marks on the art world. Friends and family will be invited to the "camp art show" at the end of the week.

Age: 6 to 9

#6459 7/24 – 7/28 Mon - Fri 9 a.m. – Noon

Wk 6: Mythology, Legends, and Watercolors

\$115

Students will begin a study of ancient Egyptian and Greek Mythology. By the end of the week we will study the Legend of King Arthur. Each day students will paint in watercolors, creating their own mythical creatures and stories to share.

Age: 6 to 9

#6460 7/31 – 8/4 Mon - Fri 9 a.m. – Noon

Wk 7: Girl Power

\$115

Dancing, art, journals, costumes, composition, and more.

Age: 6 to 9

#6755 8/7 – 8/11 Mon - Fri 9 a.m. – Noon

Wk 8: TBA

\$115

Information on this weeks summer art camp curriculum will be available March 1. Call 206.684.7430 for this description.

Age: 6 to 8

#6756 8/14 – 8/18 Mon - Fri 9 a.m. – Noon

Alki Bathhouse Art Program: Kids' Art

Art Madness: Creative

Messy Time Basics \$70/8 wks

Parents, do your kids like to get their hands in paint, paste or draw? If so, this is the class for them! We'll do all the messy stuff creating art and having fun in class and you'll get the fruits of their labor with out the clean up! Children will get a sense of real accomplishment in this class decorating household items that are parent-friendly.

Age: 6 to 8

Instructor: Jeanette Piper

Location: Bathhouse Multipurpose Room

#6392 4/27 - 6/15 Thursdays 4:30 - 6 p.m.

Art Madness:

Create Cool Stuff One \$70/8 wks

Youths will be introduced or rediscover sculpting with paper mache & tape as well as other mediums. Painting with fingers, rags etc. Your child will be encouraged and supported in expressing their imagination while learning new ways to be creative. The end product goal; some great art, a strengthened self confidence and expanded understanding of what they are capable of.

Age: 9 to 11

Instructor: Jeanette Piper

Location: Bathhouse Multipurpose Room

#6391 4/26 - 6/28 Wed 4:30 - 6 p.m.

Art Madness:

Create Cool Stuff Two \$70/8 wks

A class for students who have a real interest in art and want an outlet to support their own ideas. This class is similar to Create Cool Stuff One but will make more sophisticated art. Class projects will be more guided.

Age: 12 to 14

Instructor: Jeanette Piper

Location: Bathhouse Multipurpose Room

#6390 4/17 - 6/12 Mondays 4:30 - 6 p.m.

Parent & Tot Mixed Media \$70/5 wks

Get creative with your little artist and have fun learning about mixed media. Each class incorporates artistic visuals, story telling, music and a mixed media project. Parent/guardian participation is required. Dress to mess.

Age: 3 to 5

Instructor: Talese Heckler

Location: Bathhouse Painting Room

#6441 4/20 - 5/18 Thursdays 10 - 11 a.m.

Bright Art Start: Mixed Media \$70/8 wks

Encourage creativity early by signing your child up for this class. Little artists will learn about painting, textures, color, and expression as well as developing motor and social skills. Dress to mess. Parents are invited to attend the first session.

Age: 4 to 6

Instructor: Talese Heckler

Location: Bathhouse Painting Room

#6266 4/21 - 5/19 Fridays 1:30 - 2:30 p.m.

#6267 5/26 - 6/23 Fridays 1:30 - 2:30 p.m.

Things That Move \$30/3 wks

An open studio format class that provides the materials and instruction to create moving parts from recycled materials. Students can go away with a moving parts collage, gears, or even a truck or car. The focus on the use and reuse of recycled materials helps us to look at everyday things in new ways.

Age: 4 to 6

Instructor: Lilly Hotchkiss

Location: Bathhouse Multipurpose Room

#6502 5/5 - 5/19 Fridays 10:30 a.m. - 11:30 p.m.

Art Madness: Mask Making and Sculpting \$70/8 wks

This class will introduce masking making with "child safe" non-toxic plaster kits. Each student should be able to complete

2 or 3 masks. These are durable, easy to paint, glue, and carve into once dry. We may be able to do some art sculpting

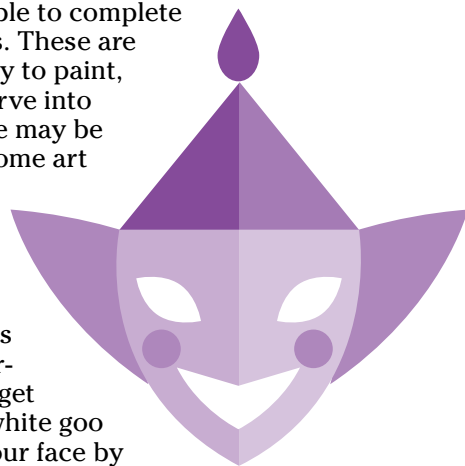
with the plaster as well. Parent participation in this class encouraged. You'll get Vaseline & white goo pasted to your face by your kids, wait for about 10 to 15 minutes, and voila! your face immortal for you to paint/decorate then hang on the wall, wear or send as a gift.

Age: 12 to 14

Instructor: Jeanette Piper

Location: Bathhouse Multipurpose Room

#6394 4/26 - 6/14 Wed 6:30 - 8:30 p.m.



Alki Bathhouse Art Program: Kids' Art

Art Madness: Sewing by Hand – Basics

\$70/8 wks

Students will learn art of sewing. Soon you can have socks, shirts, coats, and caps mended by the same hands that rake the leaves! But wait it doesn't stop there. Boys and girls who take this class will make little bags for keepsakes, purses, coin bags and wallets. We move on from there to using colorful, patterned fabric to make quilted wall art.

Age: 9 to 12

Instructor: Jeanette Piper

Location: Bathhouse Multipurpose Room

#6397 4/25 – 6/13 Tuesdays 4:30 – 6 p.m.

High School Portfolio Review

\$15/1 day

For the serious high school art student! Before you travel great distances to a Portfolio Day meeting representatives from College Art Schools, make sure you are well prepared in the presentation of your work and ask all of the right questions. This one-day class will provide extensive feedback on preparing your art portfolio for college application and selecting a school that is right for you. This one-day event will include tips for strengthening your portfolio and selecting your strongest work, advice in preparing slides, résumé and accomplishments in the arts.

Age: 15 to 18

Instructor: Stacie Chappell

Location: Bathhouse Multipurpose Room

#6411 4/26 Wednesday 7 – 8:30 p.m.

Fashion for Youth

\$15/1 day

If you're interested in learning how fashion designers get their start in the fashion industry, this workshop is for you. Students will learn about the industry and begin working on their own sketches and designs.



Age: 10 to 14

Instructor: Talese Heckler

Location: Bathhouse Painting Room

#6410 4/29 Saturday 10 a.m. – 12:30 p.m.

Polaroid Image Transfers \$40/1 day

Learn how to transfer photos to watercolor paper! In this class we will use provided slides and transfer them to water color paper using Polaroid film and a Daylab printer. Feel free to bring your own slides and we will see if they work for an image transfer.

Age: 11 – 13

Instructor: Bridget Nowlin

Location: Bathhouse Multipurpose Room

#6448 5/3 Wednesdays 4:30 – 6 p.m.

Urban Art for Youth

\$15/1 day

Inspired by urban artists of New York and L.A., this workshop teaches youth how to illustrate urban style lettering (tags) and thematic images. Students will translate ideas into sketchbooks and then create one concept on canvass.

Age: 9 to 12

Instructor: Talese Heckler

Location: Bathhouse Painting Room

#6510 5/6 Saturday 10 a.m. – 12:30 p.m.

Cartooning for Youth

\$55/10 wks

Cartooning is about combining words and pictures to tell a story. If you have some imagination, you have all the qualifications you need! Storytelling is what we do in this class, with students learning the "language" of comics. They will learn how to lay out a page and create characters with simple lines and shapes. This is your chance to put your daydreams on the printed page! The class final project will be an actual comic book.

Age: 8 to 12 years old

Instructor: Greg Hatcher

Location: Bathhouse Painting Room

#6268 4/18 – 6/20 Tuesdays 5 – 6 p.m.

Beginning Drawing for Youth

\$55/10 wks

Lots of kids want to draw but feel intimidated by what they feel is a lack of talent. There are tools and tricks of the trade that can make ANYONE a better artist: learning how to use light and shadow, how to break an object into it's component shapes, how to use perspective and color to create a feeling of three-dimensionality. We'll show you these and more. You may not leave this class a great artist, but you'll be a much better one.

Age: 10 to 14 years old

Instructor: Greg Hatcher

Location: Bathhouse Painting Room

#6247 4/18 – 6/20 Tuesdays 6 – 7 p.m.



Introduction To Art and Drawing \$30

Explore different types of media: paints, crayons, pastels and chalk. Learn the primary and secondary colors. Make two pictures that show different uses of line. Use shapes to make a picture. Find out about perspective.

Age: 10 to 12

Instructor: Bridget Nowlin

Location: Bathhouse Multipurpose Room

#6753 Friday 4/28 4:15 – 7:15 p.m.

Alki Bathhouse Art Program: Pottery

Kids Pottery

\$70/5 wks

Youth will be introduced to clay basics. Working with hand building techniques, they will learn how to pinch pots, coiled forms, cups, animals, and more. Students will experiment with textures, shapes and colors.

Age: 5 to 10

Instructor: Aaron Murray

Location: Bathhouse Pottery Room

#6436 4/17 – 5/15 Mondays 4 – 5 p.m.

#6437 5/22 – 6/26 Mondays 4 – 5 p.m.

Kids Pottery for the Home-Schooled

\$95/9 wks

A class developed just for children who are home schooled. Children will be introduced to clay basics. Working with hand building techniques, they will learn how to build pinch pots, coiled forms, cups, animals, and more.

Age: 5 to 10

Instructor: Stacie Chappell

Location: Bathhouse Pottery Room

#6438 4/17 – 6/19 Mondays 2:30 – 3:30 p.m.

Advanced

Kids Club Pottery

\$70/5 wks

Youth will be introduced to clay basics. Working with handbuilding techniques, they will learn how to build pinch pots, coiled forms, cups, animals, and more. Students will experiment with textures, shapes, and colors, and be introduced to the wheel.

Age: 7 to 11

Instructor: Aaron Murray

Location: Bathhouse Pottery Room

#6208 4/18 – 5/16 Tuesdays 4 – 5 p.m.

#6209 5/23 – 6/20 Tuesdays 4 – 5 p.m.

Beginning Handbuilding \$150/9 wks

This class will introduce the basics of handbuilding. Students will learn simple techniques and experiment with slips, glazes and other surface decoration techniques. Exploration and discussion of the sculptural form and the function of the object will be covered. Open Studio time included.

Age: 18+

Instructor: Aaron Murray

Location: Bathhouse Pottery Room

#6254 4/17 – 6/19 Mondays 6 – 8:30 p.m.

Beginning Wheel Throwing

\$120/5 wks

This class is for those who have never worked on the wheel before.

Age: Adult

Instructor: Jana Layman

Location: Bathhouse Pottery Room

#6264 4/19 – 5/17 Wednesdays 6:30 – 8:30 p.m.

#6265 5/24 – 6/21 Wednesdays 6:30 – 8:30 p.m.

Intermediate Wheel Throwing

\$120/5 wks

Do you have experience working with clay on the wheel? Come and perfect your centering and throwing techniques. Expand your horizons using different tools and methods to achieve your own look. Learn how to find a style that suits your taste and how to express it consistently in each piece. You will be proud of your work.

Age: Adult

Instructor: Jana Layman

Location: Bathhouse Pottery Room

#6431 4/20 – 5/18 Thursdays 6:30 – 8:30 p.m.

#6433 5/25 – 6/22 Thursdays 6:30 – 8:30 p.m.

Advanced Wheel Throwing

\$120/5 wks

Do you have experience working with clay on the wheel? Then this class is for you. For those wanting to take the next step.

Age: Adult

Instructor: Jana Layman

Location: Bathhouse Pottery Room

#6210 4/20 – 5/18 Thursdays 4 – 6 p.m.

#6211 5/25 – 6/22 Thursdays 4 – 6 p.m.

Independent Clay Projects

\$150/10 wks

These class hours are intended for students seeking to explore their own creative ideas in clay. Assistance is always available for troubleshooting issues as well as for aesthetic decisions and independent projects. Prerequisite: Previous experience.

Age: Adults

Instructor: Aaron Murray

#6207 4/18 – 6/20 Tuesdays 6 – 9 p.m.

Location: Bathhouse Pottery Room

Alki Bathhouse Art Program: Summer Preview

Alki Bathhouse Art Program — Summer 2006

Summer classes begin June 26. Registration begins May 30.
This is a partial list of summer classes. Call Alki Community Center at
(206) 684-7430 for information on these and other summer art classes.

Painting and Drawing

Dancing with Color \$65/7 wks

Age: Adult

Thursdays 6 – 8 p.m. 7/13 – 8/24

Encaustic Painting \$85/6 wks

Age: Adult

Mondays 6:30 – 8:30 p.m. 7/10 – 8/14

Drawing for Adults \$70/7 wks

Age: Adult

Thursdays 7 – 8:30 p.m. 7/13 – 8/24

**Beginning
Charcoal Drawing** \$110/7 wks

Age: Adult

Tuesdays 6 – 9 p.m. 7/11 – 8/22

Kids' Art

Cartooning \$55/7 wks

Age: 8 to 12 years old

Tuesdays 5 – 6 p.m. 7/11 – 8/22

**Drawing for
Kids and Teens** \$55/7 wks

Age: 10 to 14 years old

Tuesdays 6 – 7 p.m. 7/11 – 8/22

Pottery

Kids Pottery \$100/7 wks

Age: 5 to 10

Mondays 4 – 5 p.m. 7/10 – 8/14

**Advanced
Kids Pottery** \$100/7 wks

Age: 5 to 10

Tuesdays 4 – 5 p.m. 7/11 – 8/15

**Beginning
Hand Building** \$145/7 wks

Age: 18+

Mondays 6 – 9 p.m. 7/10 – 8/14

**Beginning
Wheel Throwing** \$145/7 wks

Age: Adult

Wednesdays 6:30 – 8:30 p.m. 7/12 – 8/16

Intermediate Wheel Throwing
\$145/7 wks

Age: Adult

Thursdays 6:30 – 8:30 p.m. 7/13 – 8/17

**Advanced
Wheel Throwing** \$145/7 wks

Age: Adult

Thursdays 4 – 6 p.m. 7/13 – 8/17

Alki Bathhouse Art Program

Meet Our Artist Instructors

Sarah Browning, Bathhouse Art Specialist. Sarah works with acrylic paints out of her studio in Luna Park. A West Seattle transplant, she is originally from northern New Mexico. She received a B.A. in Visual Arts from the University of California at Santa Cruz.



White Sands. Sarah Browning. © 2004 Sarah Browning. All Rights Reserved.

Talese Heckler, Bathhouse Art Specialist, Parent/Tot, Bright Art, Youth Workshops. Talese has a degree in fashion design from the Fashion Institute for Design Merchandising in Los Angeles. She has worked as a professional artist and designer.

Stacie Chappell, Art Diversions and Collage. Stacie received her M.F.A. from New York State University and has taught continuing education classes at Boise State University and University of Wisconsin.

Colleen Doherty, Dancing With Color. Colleen is a local self-taught artist who has been painting for eight years. She has displayed her work around the state.

Diana Fairbanks, Encaustic Painting. Diana received her B.F.A. from Ft Wright College and a graduate degree in Education Technology from the University of Washington. She has taught a variety of media at the University of Washington, Western Washington State, and Bellevue Art Museum.

Greg Hatcher, Drawing and Cartooning. Greg has taught classes for youth and adults for ten years. He has won the EPA Award for Outstanding Children's Writing three times and works as a part-time freelance illustrator.

Lilly Hotchkiss, Things that Move. Lilly is a local artist who has taught preschool in West Seattle. She is a graduate of the California School of Art and Design.

Jennifer Jennings, Paint Your Heart Out. Jennifer has taken classes in art at the University of California, Ft. Mason Art Center, and Seattle Academy of Fine Art. She has taught privately for 30 years.

Jana Layman, Wheel Throwing. Jana graduated from Northwest College of Art with a B.F.A. in Visual Communications and Fine Art and Design. She is a local resident whose love affair with clay began in high school.

L. Kelly Lyles, Charcoal Drawing. Kelly majored in art at Drake University, and she has taken courses from the San Francisco Academy of Art College. She has exhibited her award-winning art all over the country.

Aaron Murray, Handbuilding, Ceramics, Kids Pottery. Aaron is a self-taught potter who has taken graduate level pottery classes and operates his own production studio.

Bridget Nowlin, Polaroid Image Transfer. Bridget has an M.A. from the University of Washington in Museology with an art education focus. She is presently the Curator of Visual Resources at the Cornish College of the Arts.

Inna Peck, Mask Making & Silk Painting. Inna has B.A. in Printmaking and Fiber Arts from Western Washington State University.

Jeanette Piper, Art Madness Instructor. Jeanette Piper is a self-taught artist who applies her love of being creative to using paint on materials. She is drawing, painting, gluing, and sculpting to make her imagination a reality and sharing these alternative methods with students.

Alki Bathhouse Art Program

Open Studio

Open Pottery Studio

The pottery room is open to both studio and student potters. Open studio hours are Monday, 10 a.m. to 1 p.m.; Wednesday, 10 a.m. to 2 p.m.; Thursday, 10 a.m. to 2 p.m.; and Saturday, 10 a.m. to 1:30 p.m. The fee for studio potters is \$70 per quarter. Students may participate in open studio free of charge. Open Studio is a drop-in program, and hours are not guaranteed.

#6684

4/17 – 6/24

Open Painting Studio

Open studio hours are available for both studio and student painters. Open studio hours are Monday, 10 a.m. to 8 p.m.; Wednesday, 10 a.m. to 1:30 p.m.; Thursday, 10 a.m. to 2 p.m. and 3 to 5:30 p.m.; and Saturday, 10 a.m. to 1:30 p.m. The fee for studio painters is \$35 for a quarterly pass. Students may participate in open studio free of charge. Open studio is a drop-in program, and hours are not guaranteed, as they are occasionally used for other activities.

#6633

4/17 – 6/24



Spring Art Show

\$10

Studio and guest artists are invited to display their paintings at the bathhouse. Visit art specialists Talese Heckler and Sarah Browning at the Bathhouse for further information on how to participate.

Fall Art Classes

Class proposals are now being accepted for the fall art program. One area of emphasis will be one-day workshops on greeting cards, glass fusion, clay ornament making, and holiday crafts. Another emphasis will be on morning ceramics classes. A class proposal form can be requested by phone at 206-684-7430, or e-mail john.hermann@seattle.gov.

Artists' Openings

Alki Bathhouse is hosting an artists' openings for its artists. This is a wonderful opportunity for local residents to enjoy an evening on the beach viewing the lights of Elliot Bay, have dinner at a fine restaurant, and enjoy the fine arts. Artists will be available to talk about their own work and to discuss art. Information about the bathhouse art program will be available.

Thu, May 11

5 – 8 p.m.



Woman Feeding Horse. Sarah Browning. © 2004 Sarah Browning. All Rights Reserved.

Senior Adult Programs

Southwest Registration Information

Classes/Special Events

Mary Dalzell, Recreation Specialist

206-935-2162

E-mail: mary.dalzell@seattle.gov

Spring Quarter Dates: April 3 – June 16

No classes: Monday, May 29

Class Registrations: Begin March 20 at 9 a.m. by calling 206-935-2162

All Class Payments: Please make checks payable to: **Senior Adult Advisory Council ('SAAC'). Mail payments to:** Senior Adult Programs, Attn: Mary – SW, 8061 Densmore Ave N, Seattle, WA 98103-4436.

Body Conditioning \$20 – 1 day/wk

Fitness for the whole body. Gain strength and greater flexibility with the use of dyna bands and weights.

Instructor: Mary Dalzell

Mon/Wed 10 – 11 a.m. Apr 3 – Jun 14

Chair Yoga \$30/8 wks

A safe and enjoyable workout for those with limited mobility. The essence of Hatha Yoga is stretching and movement with awareness, correct alignment and deep breathing. Class includes many seated poses and some standing using the chair for support. You will improve your balance, strength, flexibility, posture/poise, and leave class feeling relaxed and refreshed.

Instructor: Jaki Reed

Mon 11 a.m. – Noon Apr 10 – May 29

Men's Fitness \$30

Work on strength training, stretching, stabilizing exercises, improving balance, and flexibility training.

Instructor: Lauren Allen

Wed 10 – 11 a.m. Jan 4 – Mar 15

Pilates \$30/8 wks

An exercise method designed to improve kinesthetic awareness (mind/body) increase mental focus, and reduce stress. Benefits can be improved posture, correction of muscle imbalance, and strengthening of core muscles. Bring mat and pillow. ***This class will be modified for those who have a difficult time getting up/down from floor.***

Instructor: Bethany O'Brien

Thu 10:45 – 11:45 a.m. Apr 20 – Jun 8

Tai Chi \$8/8 wks

Slow movements that emphasize balance, grace, body strengthening, and deep breathing.

Instructor: May Yeung

Mon 11:10 a.m. – Noon Jan 9 – Mar 13

Alki Book Club Free

Meets the first Wednesday of each month at the Alki Community Center beginning at 11:15 a.m. At noon there is a book exchange for anyone who would like to share books with others.

Instructor: Mary Dalzell

Need More Info? For more information about Senior Adult programs and events citywide, call 206-684-4951 and order a copy of our Spring 2006 Brochure!

Please register for Senior Adult Programs by calling Mary Dalzell at 206-935-2162.

Senior Adult Programs

Basic Drawing

\$10

A two-hour introductory class in basic drawing/sketching. Begin to see in depth and not take objects at just a glance or look. Bring hard and soft pencils as well as sketching paper.

Instructor: Colleen Doherty

Wed, May 10 11 a.m. – 1 p.m.

Mixed Media Art

Free

Print making, paper making, and collage. Put your hands to work and have fun. This class introduces several exciting hand printing techniques, easy to do without a press. First classes explore watercolor, mono-prints, and relief printing with easy cut and easily carved rubber material. In remaining classes, students create paste paper and use paper from earlier printing experiences to create collage and mixed media projects. No experience necessary. This is provided free of charge by Seniors Making Art fund.

Instructor: Rickie Wolfe

Tuesdays 10 a.m. – Noon Apr 25 – Jun 13

Location: Alki Bathhouse

Sound Steps Local Walks

Free

Sound Steps is a free walking program for adults age 50+! Meet new friends, win prizes, and enjoy the many health benefits of walking. **For questions and to register, call Coordinator Mari Becker at 206-684-4664.**

Harbor Avenue Walking Group

Regular walking with friends, while enjoying Seattle's natural beauty along the water. Meet at Duwamish Head, 1140 Alki Ave SW.

Tue/Thu 9 – 10 a.m. Apr 4 – Jun 15

Mall Walking

Join the Sound Steppers walking at the Southcenter Mall or, on nice days, the Westwood Village mall. Transportation is provided; pick up from the parking lot behind the West Seattle Senior Center. Please call 206-684-4664 to reserve your spot.

Instructor: Nancy Swigger

Fri 8:30 – 11:30 a.m. Apr 7 – Jun 23

Special Events

Old Time Radio

Free

Radio Enthusiasts of Puget Sound present some of the most remembered programming from the Golden Age of Radio. Sit back and recall when radio was the center of entertainment. Register by April 12.

Instructor: Neal Shulman

Wed, Apr 19 11 p.m. – Noon

Bargains, Deals, Discounts

Free

Sharon Levine will give you great information on best deals, contacts, special days, coupons and much more to save you money. Please register by April 24.

Wed, Apr 26 11:15 p.m. – Noon

Hearing Problems?

Free

A representative of Virginia Mason will help you understand the different hearing aid options that are available today. Please register by May 11.

Instructor: Lisa Illich

Wed, May 17 11:15 a.m. – 12:15 p.m.

Travels With Nancy

Free

Come along and travel to parts of China with Nancy Gilbert. She will talk about the landscape, people, sites, and her shopping experiences in Hong Kong.

Wed, May 24 11:15 p.m. – Noon



Please register for Senior Adult Programs by calling Mary Dalzell at 206-935-2162.

Senior Adult Programs: Field Trips

Southwest Trip Registration Information

Make checks payable to: SAAC.

Mail checks to: Senior Adult Programs, Attn: Mary – SW, 8061 Densmore Ave N, Seattle, WA 98103-4436.

Payment must be received 5 working days prior to departure.

Note: Trip times/costs/destinations are subject to change. **On all trips, lunch is on your own.**

Pick-up Sites:

High Point CC 6920 34th Ave SW

Hiawatha CC South parking lot
of Safeway on California Ave SW

**Please don't park in
Safeway's parking lot**

Angel of the Winds Casino \$8

Off to Arlington for a day of adventure at games of chance. **Reg. Apr 4.**

Fri, Apr 14 9:30 a.m. – 3:30 p.m.

Neighborhood Visits \$5

When was the last time you wandered through Fremont? How about Broadway? We'll visit both. **Reg. Apr 6.**

Fri, Apr 21 10 a.m. – 3:30 p.m.

Chocolate Flower Farm \$16

A specialty nursery in Langley offering extensive collection of "chocolate" (dark colored) and rare perennials. Time in Langley. **Reg. Apr 13.**

Thu, Apr 27 9:30 a.m. – 5 p.m.

Seattle Rep: Tuesdays with Morrie \$20

A retired professor suffering from Lou Gehrig's disease spends his Tuesdays with a former student. They discuss life, love, community, work, family, forgiveness, and the meaning of death. **Reg. Apr 11.**

Wed, May 3 1 – 4:30 p.m.

Wenatchee Apple Blossom \$35

Comfort of a chartered motor coach. This annual event includes parade, entertainment, food, arts/crafts, and more. Lunch on your own. **Reg. Apr 7.**

Sat, May 6 8 a.m. – 7 p.m.

Leavenworth Maifest \$29

Parade Day! Maifest will take you back in time. It encompasses history complete with 16th century costumes, dancing, eating, and shopping. This is a chartered bus ride. Lunch on your own. **Reg. Apr 20.**

Sat, May 13 8:30 a.m. – 6:30 p.m.

Shellfish/LaConner \$9

Tour the Taylor shellfish operation on Chuckanut Drive then to LaConner for looking and lunch. **Reg. May 4.**

Fri, May 19 9:30 a.m. – 5 p.m.

Meeker Days \$6

Big street fair in Puyallup. Includes farmers market, craft booths, antique shops, entertainment, food, car show, and more. **Reg. May 25.**

Sun, Jun 11 9:30 a.m. – 3 p.m.

PowellsWood: A Northwest Garden \$6

Includes total of 40 acres, most left in native state. Three acres is graced with 1,00 varieties of trees, flowering shrubs/plants, stream, pond, shade garden and arbor. \$5 garden tour fee on your own.

Reg. Jun 1.

Fri, Jun 16 9:30 a.m. – 3:30 p.m.



Registration begins at 8:30 a.m. on date listed by calling Mary at 206-935-2162.

Classes and Events at Other Centers

Southwest Community Center

Southwest Community Center is located at 2801 SW Thistle St, Seattle, WA 98126.

For more information about programs at

Southwest Community Center, please call 206.684.7438.

Karate

\$60/session

Build self-esteem, self-control, and self-defense techniques while you make new friends. Learn basic concepts and forms of Japanese Butokukan Karate. You will also be introduced to concepts from Kenpo, Kung-Fu, and Aikido.

Instructor: Tyron Asphy

Age: 8 years and up

Location: Southwest Community Center, 2801 SW Thistle St, 206-684-7438

Session I

Tue/Thu 6:30 – 8:30 p.m. 4/11 – 5/18

Session II

Tue/Thu 6:30 – 8:30 p.m. 5/23 – 6/29

Latin Dance Class

\$50/session

Passionate, energetic and delightfully flirtatious, Latin dancing is one of the most popular forms of dance in the world. We'll learn basic Merengue, Cumbia & Salsa moves and styling as we dance to a variety of spicy Latin music. **No-pre-requisite. No partner necessary. Singles and couples welcome.**

Instructor: Linda Townsend

Age: Adult and interested teens

Location: Southwest Community Center, 2801 SW Thistle St, 206-684-7438

Session I

Tuesdays 7:30 – 8:30 p.m. 4/11 – 5/16

Session II

Tuesdays 7:30 – 8:30 p.m. 5/23 – 6/27



Come Fish with Us!

\$5/child

Have you ever yelled “I got one!”? Fishing is great fun, and it's a sport the whole family can enjoy. Seattle Parks and Recreation and the Washington Department of Fish and Wildlife bring you the second “Fishing Kids” event at Green Lake on Saturday, April 22 from 9 a.m. to 2 p.m. at Green Lake Park.

Bring your kids and we'll teach them to fish — we want to introduce more kids to fishing, a lifetime sport you can especially enjoy in Seattle with our abundant water. You'll learn lots about fishing, including water safety, different kinds of fish, how to cast, and what to do with a fish when you catch it.

Every child who participates will receive a T-shirt and a rod and reel to take home, and you'll even bring home a trout!

To sign up any child from age 5 to 14, just ask for a form at any Parks and Recreation facility, and mail it to the address on it with \$5 for each child participating. We hope to see you on April 22!

Saturday, April 22

9 a.m. – 2 p.m.

Location: Green Lake Park



SOUTHWEST POOL DAILY SCHEDULE SPRING 2006: 4/1 – 6/25**MONDAYS & WEDNESDAYS**

6:00 – 7:30 a.m.	Early Morning Lap Swim ¹
Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:00	Adult Lessons
2:00 – 2:30 (Mon)	Home School Lessons
3:00 – 4:00	Private Lessons
3:00 – 4:00	Lap Swim
4:00 – 5:30	Swim Lessons
5:30 – 6:30	Lap Swim
5:30 – 6:30	Masters Workout
6:30 – 7:30	Swim Lessons
6:30 – 7:15 (Wed)	Springboard Diving
7:30 – 8:15	Hydro-Fit (<i>deep end</i>)
7:30 – 8:30	Shallow End Public Swim

TUESDAYS & THURSDAYS

Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:30	Senior Adult Water Exercise
2:45 – 3:45	Denny ASAP
4:00 – 6:00	Private Lessons
4:15 – 5:00	Competitive Stroke Class
4:30 – 5:00	Three Year Old Lessons
5:00 – 6:00	Lap Swim
6:00 – 7:30	Swim Lessons
7:30 – 8:30	Public Swim
8:30 – 9:15	Hydro-Fit (<i>deep end</i>)
8:30 – 9:15	Adult Water Aerobics (<i>shallow end</i>)

¹Admission to EMLS by swim ticket only.
This can be purchased during regular
business hours or in the morning with a
check only.

**POOL CLOSED**

Memorial Day

May 29

FRIDAYS

6:00 – 7:30 a.m.	Early Morning Lap Swim ¹
Noon – 1:30 p.m.	Adult & Senior Swim
1:30 – 2:30	Family/Lap Swim
3:00 – 4:00	Lap Swim
4:30 – 5:30	Public Swim
5:30 – 7:00	Lap Swim
6:00 – 7:00	Masters Workout
7:00 – 8:00	Family Swim
8:00 – 10:00	Rentals (Call to Schedule)

SATURDAYS

9:30 – 10:30 a.m.	Lap Swim
9:30 – 10:30	Youth Fitness Workout
10:30 – 11:00	Private Lessons
10:30 – Noon	Swim Lessons
Noon – 1:00 p.m.	Lap Swim
Noon – 1:00	Triathlete Training
1:00 – 2:00	Public Swim
2:00 – 10:00	Rentals (Call to Schedule)

SUNDAYS

11:00 – 12:30 p.m.	Adult & Senior Swim
12:30 – 2:00	Swim Lessons
2:00 – 3:00	Family Swim
3:00 – 4:00	Special Pops Lessons
4:00 – 5:00	Public Swim
5:00 – 6:00	Lap Swim
6:00 – 10:00	Rentals (Call to Schedule)

FACILITY FEES & CHARGES

Youth (1 – 17)	\$2.75
Adult (18 – 64)	\$3.75
Senior Adult (65+)	\$2.75
Special Populations	\$2.75
Masters Workout	\$4.75
Water Aerobics	\$4.75
Hydro-Fit/Aqua Jog	\$4.75
Sr. Adult Water Aerobics	\$3.00
Non-Recreation Spa, Weights, Sauna Use	\$3.75
Spa (in addition to swim)	50¢
Recreation Pass (Save \$2)	\$20.00
Fitness Pass (Save \$3)	\$30.00
Water Equipment Rental	\$1.50
Showers	\$3.75

Southwest Pool offers a comprehensive swim lesson program.
Call 206-684-7440 for class information and registration dates.

SOUTHWEST POOL RECREATIONAL & FITNESS PROGRAMS

ADULT/SENIOR ADULT SWIM

A recreational swim period for adults 19 years and over. Fast, medium, and easy lanes available for fitness swimming.

Please note: all lanes will be in during busy times.

Monday – Friday **Noon – 1:30 p.m.**
Sunday **11 a.m. – 12:30 p.m.**

LAP SWIM

This program is designed for the serious swimmer as well as those who want to work on conditioning. We have lanes set aside that designate different swimming ability levels.

M/W/F* **6:00 – 7:30 a.m.**
M/W/F **3:00 – 4:00 p.m.**
M/W **5:30 – 6:30 p.m.**
T/TH **5:00 – 6:00 p.m.**
Friday **1:30 – 2:30 p.m.**
Friday **5:30 – 7:00 p.m.**
Saturday **9:30 – 10:30 a.m.**
Saturday **Noon – 1:00 p.m.**
Sunday **5:00 – 6:00 p.m.**

***Admission to EMLS by swim ticket only.**

PUBLIC SWIM

This is a recreational time for all ages. You may bring your clean masks, fins, snorkels, life preservers, and water wings to use.

Monday – Thursday **7:30 – 8:30 p.m.**
(Mon. & Wed. eves are shallow end only.)
Friday **4:30 – 5:30 p.m.**
Saturday **1:00 – 2:00 p.m.**
Sunday **4:00 – 5:00 p.m.**

FAMILY FLOAT SWIM

The family float swim is a recreational time for the family. A parent/guardian must accompany youth under 18 yrs. in the water.

Friday **1:30 – 2:30 p.m.**
Friday **7:00 – 8:00 p.m.**
Sunday **2:00 – 3:00 p.m.**

ADULT WATER AEROBICS

This 45-minute program is designed to tone up muscles and stay fit. Emphasis on flexibility and range of motion. This class is taught in the shallow end. No swimming ability required.

Tuesday & Thursday **8:30 – 9:15 p.m.**
Class Fee: \$4.75 Adults/\$3.00 Seniors

ADULT HYDRO-FIT

Hydro-Fit is a 45-minute deep-water, non-impact, adult exercise program. The use of specially-designed buoyancy and resistance apparatus provide a demanding workout for the whole body. Some deep water swimming ability required.

Monday & Wednesday **7:30 – 8:15 p.m.**
Tuesday & Thursday **8:30 – 9:15 p.m.**
Class Fee: \$4.75 Adults/\$3.00 Seniors

SENIOR ADULT WATER EXERCISE

This shallow-end program provides a therapeutic exercise time for senior adults. Participants can expect increased strength and flexibility while improving their cardiovascular systems. No swimming ability required.

Tuesday & Thursday **1:30 – 2:15 p.m.**
Class Fee: \$4.75 Adults/\$3.00 Seniors



MASTERS WORKOUT

An experienced coach supervises an interval workout of 2300 yards or more. Different lanes for different abilities. Stroke work and helpful tips will be offered during this time.

Monday & Wednesday **5:30 – 6:30 p.m.**
Friday **6:00 – 7:00 p.m.**
Class Fee: \$4.75 Adults

For a complete Southwest Pool schedule, please call (206) 684-7440.
 Southwest Pool is located at 2801 SW Thistle Street.

**E-Brochures are available!**

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Fees and Charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. Class and program fees include Washington state sales tax where applicable.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interests and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Alki Facility Rentals

Rent Alki Community Center for birthdays, weddings, meetings, dances, family reunions, seminars, craft shows, etc. Contact Alki Community Center Staff at 206-684-7430 for cost and availability. If the Alki Community Center doesn't suit your needs, visit the Seattle Parks and Recreation website at www.seattle.gov/parks/reservations/facrentalguide.htm; there are over 20 locations that can be rented throughout the Parks Department.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for youth/adults with disabilities, please call 206-684-4950.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.



SEATTLE PARKS AND RECREATION PROGRAM REGISTRATION FORM

in partnership with the Associated Recreation Council

This form is for NON-Day Camp programs only. Ask recreation staff for day camp registration forms as needed.



**SEATTLE PARKS
AND RECREATION**

Registration Procedures:

1. Please complete registration form entirely.
2. Payment **MUST** accompany registration.

Family Information:

(Please complete for the adult who is financially responsible for the family account.)

(ADULT) Name: _____
Last First MI

Sex: Male Female
(Circle One)

(ADULT) Birthdate: ____/____/____ Email Address: _____
mm/dd/yyyy

Street Address: _____ City: _____ State: _____ ZIP: _____

Phone - eve: (____) _____ day: (____) _____ other: (____) _____

Family Emergency Contact: _____ (____) _____
Name Phone Relation

☐ **PARTICIPANT info differs from above. How does it differ?** _____

PARTICIPANT (please print full name)	M/F	BIRTHDATE (mm/dd/yyyy)	COURSE TITLE (Non-Day Camp Activities ONLY)	1 ST CHOICE		ALTERNATE		AMOUNT
				DATE(S)	START TIME	DATE(S)	START TIME	
								\$
								\$
								\$
								\$
*Acceptance of this request does not guarantee enrollment into a class (see back for more information).								\$
TOTAL								\$

How would you like to pay?

Person making payment _____
(required for proper refunding)

**PLEASE INCLUDE
PAYMENT**

- ☐ Cash *(Please do not send cash through the mail.)*
- ☐ Check or Money Order # _____
- ☐ Visa ☐ Mastercard ☐ American Express

Staff Use Only

Authorization (Ref#) _____

**For
mail-
in
only**

Card #: _____ Expires: _____

Name as it appears on card: _____

Signature: _____

ASSUMPTION OF RISK AND RELEASE: I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: _____ Date: _____

Please mail to: Alki Community Center
5817 SW Stevens Ave
Seattle, WA 98116

For Office Use Only:

Rent the Newly-Refurbished Alki Bathhouse!

Building Features

- ✧ Independent temperature control
- ✧ 1500 sq. ft. main room with high ceilings
- ✧ 450 sq. ft. painting studio

Site Features

- ✧ City and Sound views
- ✧ Restaurants across the street
- ✧ Walking, running, and skating
- ✧ Beach fire pits & volleyball

Equipment

- ✧ 13 tables (round and rectangular)
- ✧ 85 chairs
- ✧ Easels
- ✧ Table-top P.A.

Rental Rates and Options

Main Room	\$45/hour
Main Room & Painting Room	\$80/hour
Booking Fee	\$15
Damage Deposit	\$250
Staff Charges	\$17/hour

- ✧ Rooms are rented in minimum two-hour blocks.
- ✧ Rental groups are responsible for set-up and take-down.
- ✧ Additional charges and requirements apply ; call 206-684-7430 for a complete quote.

Take advantage of the newly-remodeled **Alki Bathhouse's** spectacular waterfront location by hosting your next special event here.

Alki Bathhouse is a great place for company parties, private groups, social gatherings, weddings, and more. This waterfront location is on Puget Sound and only minutes from Downtown Seattle.



You and your guests will be at the historic Alki Bathhouse, which can accommodate up to 100 people. The Bathhouse is on Alki Beach 25 feet from high tide water.



Alki Bathhouse

2701 Alki Ave SW ✧ 98116

(206) 684-7430 (Alki Community Center)

Alki Community Center
5817 SW Stevens St
Seattle, WA 98116-5810
206-684-7430

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